#### SUSPECTED STROKE

Stroke = a sudden change in brain function, due either to hemorrhage or vascular occlusion (ischemia). Treatment may be available: consider stroke a medical emergency. In addition to the usual History and Physical the following should be performed.

### 1. History:

a. Duration of symptoms?

### 2. Exam:

- a. Stroke Scale
  - i. Abnormal speech?
  - ii. Facial droop on one side with attempted grimace?
  - iii. Arm drifts down or drops on one side when asked to hold them out?

### 3. Glucometer:

a. Blood glucose between 60 and 400?

## 4. Treatment:

- a. Supplemental  $O_2$ .
- b. Correct hypoglycemia (IV **Dextrose** 50 g.)

# 5. Triage:

a. Use Selection of Initial Hospital/Patient Triage Protocol. Give patients with any positive stroke scale finding (a, b or c above) the option of transport to a Primary Stroke Center.

#### 6. Contact Medical Control:

a. Contact Primary Stroke Center if patient presents with any positive stroke scale finding (a, b or c above) and wants transport to a Primary Stroke Center.

## 7. Medical Control Options:

- a. Unstable patients to closest hospital as per selection of Initial Hospital/Patient Triage Protocol.
- b. Give stable patients with physical exam findings as above the option of transport to a Stroke Center.
- c. Do not transport patients to a Primary Stroke Center without their permission.
- d. Do not transport patients without signs as above to a Primary Stroke Center, unless that is their desired destination.